<u>Claims</u>

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- 1. A peptide composition comprising an arginyl-glutamine dipeptide formulated as a nutrient formulation, wherein the arginine residue is the amino terminus of said dipeptide and the glutamine residue is the carboxy terminus of said dipeptide.
- 2. The peptide composition, according to claim 1, wherein said formulation is suitable for enteral administration.
- 3. The peptide composition, according to claim 1, wherein said formulation is suitable for parenteral administration.
- 4. The peptide composition, according to claim 1, wherein the concentration of said dipeptide is from about 0.1% to about 25.0% by weight of said formulation.
- 5. The peptide composition, according to claim 1, wherein said nutrient formulation comprises an additive selected from the group consisting of vitamins, minerals, trace elements, fats, monosaccharides and oligosaccharides.
- 6. The peptide composition, according to claim 5, wherein said monosaccharide is glucose.
- 7. A)method for promoting healthy muscle tissue in a human or animal, said method comprising administering to a human or animal in need of such treatment an effective amount of a dipeptide composition comprising an arginyl-glutamine dipeptide formulated as a nutrient formulation, wherein the arginine residue is the amino terminus of said dipeptide and the glutamine residue is the carboxy terminus of said dipeptide.

1	o. The method, according to dann 7, wherein said number of annual has undergone,	
2	is undergoing, or will undergo physical exertion or training.	
1	9. The method, according to claim 7, wherein said human or animal is in need of	
2	maintenance of muscle mass.	
1	10. The method, according to claim 9, wherein said human or animal is hospitalized.	
1	11. The method, according to claim 10, wherein said hospitalized human or animal	
2	is a neonate.	
1	12. The method, according to claim 9, wherein said human or animal is subjected	
2	to an environment of decreased gravity relative to gravity on earth.	
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1	13. A method for promoting increased immunity to pathogens in a human or animal,	
	said method comprising administering to a human or animal in need of such treatment an	
ኒ3/	effective amount of a dipeptide composition comprising an arginyl-glutamine dipeptide	
4	formulated as a nutrient formulation, wherein the arginine residue is the amino terminus of	
5	said dipeptide and the glutamine residue is the carboxy terminus of said dipeptide.	
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1	14. The method, according to claim 13, wherein said human or animal is at risk for	
2	infection by a pathogen.	
1	15. The method, according to claim 4, wherein said pathogen is selected from the	
2	group consisting of bacteria, viruses and parasites.	

16. The method, according to claim 13, wherein said human or animal is an

employee, worker or patient in a hospital or medical facility.

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1	17. The method, according to claim 1	3, wherein said immunity is mucosal immunity.
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1	18. The method, according to claim	7, wherein said mucosal immunity comprises
2	an IgA response to said pathogen.	